

St. Nicholas Cathedral

Founded in 1930 as the Russian Orthodox Church of St. Nicholas

Orthodox Church in America

www.oca.org

www.stnicholasdc.org

March 1, 2009

First week of the Great Fast
Forgiveness Sunday
Martyr Eudoxia, Martyr Antonina
Divine Liturgy of St. John Chrysostom

METROPOLITAN JONAH,

ARCHBISHOP OF WASHINGTON & NEW YORK

V. Rev. Constantine White, Dean

Rev. Valery Shemchuk, Associate Pastor

Sunday Lessons

Next Week – Tone 5: Heb.11:24-2, 32-12:2;
John 1:43-51

Schedule of Services

Monday	March	2	7:00 pm	Canon of St. Andrew (E)	Great Lent Begins
Tuesday	March	3	7:00 pm	Canon of St. Andrew (S)	
Wed.	March	4	7:00 pm	Presanctified Liturgy (E)	Pot Luck Supper
Thursday	March	5	7:00 pm	Canon of St. Andrew (G,S)	
Friday	March	6	7:00 pm	Presanctified Liturgy (S)	Pot Luck Supper
Sat.	March	7	10:00 am	Divine Liturgy (E,S,G)	St. Theodore
			5:00 pm	Vigil (E,S)	General Confession (E)
Sunday	March	8	9:00 am	Divine Liturgy (E,S,G)	Sunday of Orthodoxy
			5:30 pm	Pan-Orthodox Vespers	St. Peter and Paul Antiokhian Cathedral

E=English, S=Slavonic, G=Georgian

General Confession in English is held on the first and third Saturdays of the month.

General confession in Russian is held on the second and fourth Saturdays of the month.

Sponsorship of the Bulletin: If you are interested in sponsoring the Sunday Bulletin, please contact the church office, (202)-333-5060, ext.14, for the dates you want. Immediate payment is not required, but advance reservations are needed. The donation is \$20 a week; \$80 a month (English); \$15 a week; \$60 a month (Russian). **Sponsors for the Russian bulletin are greatly needed!**

To place a notice in the church bulletin: Call the church office and leave a message - press 14 at menu, or e-mail the church at priestvalery@stnicholasdc.org. Notices must be submitted no later than **Wednesday** for the following Sunday.

The March bulletins are sponsored by Katya Moser Haines in memory of Fr. Paul Lutov.
May his memory be eternal.

...those who have given their lives for their homeland...” Memory Eternal.

St. Nicholas Cathedral – the National War Memorial Shrine

3500 Massachusetts Avenue NW, Washington, DC 20007

Phone: 202-333-5060 FAX: 202-965-3788

Thank you to the Maslenitsa Committee for another successful Mardi Gras at the Embassy!

Lenten retreat, entitled "Orthodox Spiritual Life and Struggle" with retreat speaker Dr. Harry Boosalis, ThD, will be held on Saturday, March 14, 2009, beginning 9:30 a.m., at Saint Katherine Greek Orthodox Church, 3149 Glen Carlyn Road, Falls Church, VA. A \$10.00 donation is appreciated. Register by e-mailing Fr. Costas Pavlakos at frcostas@stkchurch.com or by calling the St. Katherine Orthodox Church office at 1-703-671-1515.

For the week of February 16 (including February 22), the collection amounted to \$6,184.50. This does not include coffee hour, gift corner, development director funding, special donation, pannekhida, and bulletin donation.

This year the Sunday of Orthodoxy Vespers will take place at 5:30 PM on Sunday March 8th at SS Peter and Paul Antiochian Orthodox Church, 10620 River Road, Potomac, MD. **Sunday of Orthodoxy Choir Warm-Up** will be held on Sunday, March 8th at 4:30 pm at SS Peter and Paul Antiochian Orthodox Church basement; PLEASE NOTE THERE WILL BE NO CHOIR PRACTICE ON THURSDAY, MARCH 5th as previously announced. Questions may be addressed to John Slanta, Choir Director, at slanta@verizon.net

The Serafim Chorale is having a concert “*The Path to Pascha*” on March 15th at 4:00pm at Saint Nicholas Cathedral to benefit the IOCC. The Serafim Chorale is a choir of 16 voices comprising members of the OCA, Serbian and Antiochian churches.

Two-day program for those wishing to get married in the Orthodox Church.

The program, *Marriage in the Orthodox Church*, will provide you with a fundamental understanding of the Orthodox theology of the Sacrament of Marriage, its spirituality, and the practical challenges couples can expect as they grow together in love and in the Orthodox faith. The presentations will be on Saturday, March 14, and Saturday, March 21, from 10:30 a.m. to 12 noon, at Saints Peter and Paul Antiochian Orthodox Church, 10620 River Road, in Potomac. *As part of your spiritual preparation to receive this great Sacrament, you must attend both sessions.* Please respond to Fr. Dimitrios Antokas by March 11 so that materials can be prepared. The telephone number is 301-469-7990, and his email address is frantokas@stgeorge.org Orthodox marriage symbolizes the relationship between Christ and His Church, and should reflect His love, patience, understanding, and care. These two days will help you pause and reflect on exactly what it is you are doing in deciding to enter into this sacred union.

Troparia (Tone 4): When the women disciples of the Lord learned from the angel the joyous message of Thy Resurrection; they cast away the ancestral curse and elatedly told the apostles: Death is overthrown! Christ our God is risen, granting the world great mercy.

Saint Nicholas (Tone 4): Thy just works have shown Thee to thy flock as an example of faith, an image of meekness and a teacher of abstinence. By humility Thou didst achieve exaltation, and by meekness, riches. O Father Bishop Nicholas, intercede with Christ our God to save our souls.

Glory to the Father and to the Son and to the Holy Spirit...

Kontakia: Saint Nicholas (Tone 3): You revealed yourself in Myra as a priest, O Holy One, for you fulfilled the gospel of Christ by giving up your life for your people and saving the innocent from death. Therefore you are blessed as one well instructed in the grace of God.

Now and ever and unto ages of ages. Amen.

Cheesefare (Tone 6): O Master, Teacher of Wisdom, Bestower of virtue, who teach the thoughtless and protect the poor: strengthen and enlighten my heart. O Word of the Father, let me not restrain my mouth from crying to Thee: Have mercy on me a transgressor, O Merciful Lord!

Prokeimenon (Tone 8): Pray and make your vows before the Lord our God! Verse: In Judah God is known; His name is great in Israel.

Epistle: Romans 13:11- 14:4: Brethren, do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. Receive one who is weak in the faith, but not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats only vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Alleluia Verses (Tone 6): It is good to confess the Lord, to sing praises to Thy name, O Most High! Verse: To declare Thy mercy in the morning, and Thy truth by night.

Gospel: Matthew 6:14 - 6:21: At that time, Jesus said, "If ye forgive men their trespasses, your heavenly Father will also forgive you: But if ye forgive not men their trespasses, neither will your Father forgive your trespasses. Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, they have their reward. But thou, when thou fastest, anoint thine head, and wash thy face; That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly. Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal: But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: For where your treasure is, there will your heart be also."

Communion Hymn: Praise the Lord from the heavens. Praise Him in the Highest. Alleluia. Alleluia. Alleluia.

Forgiveness Vespers

Prokeimenon (Tone 8): Turn not away Thy face from thy child, for I am afflicted; hear me speedily, draw near unto my soul and deliver it.

(Verses): Let Thy salvation, O God, uphold me.
Let the poor see and be glad.
Seek God, and your soul shall live.

Prayer of St. Ephrem the Syrian

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk. But give rather the spirit of chastity, humility, patience, and love to Thy servant. Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages. Amen.

Church Expansion Project:

How will it be possible to raise the level of contributions needed to build the prospective Education and Administrative Center at the location of the current annex? Differences between a typical annual contribution and a capital campaign gift:

The Annual Pledges

Annual pledges are assumed to be carried somewhat equally from all supporters. Annual pledges are for a specific fiscal year and do not carry through into the next year. If an annual pledge is not completely fulfilled, the difference is written off. At the beginning of each year, the supporters are asked to create a new pledge to be paid by the end of that year. Contributors of annual gifts to their churches are often asked to consider a gift of up to 10% of their annual income.

Capital campaign pledges

Pledges to capital campaigns are usually payable over a three to five year period. Capital campaign pledges can and often do include gifts of stock, life insurance policies, gifts-in-kind, irrevocable clauses in wills, and any of several kinds of gift annuities. Pledges to a capital campaign are what are called "stretch" gifts. This means it is a much larger size of gift than a typical annual contributor gift. The pledges often include income from the contributor's total asset portfolio which has accumulated over a period of years. The majority of capital campaign pledges come from a very small number of top donors. Until about five years ago the measurement was approximately 80% of the pledge total comes from about 20% of the donors. In today's campaigns the number of top contributors is becoming much smaller. Often, pledges to a capital campaign are recognized through "Naming Opportunities" in which a donor can name a part of the project in honor or in memorial of self or family member(s). In a capital campaign during the public phase, everyone is invited to participate in the campaign at whatever level is possible and all gifts are recognized anonymously or by name in a permanent Honor Roll of Donors.