

St. Nicholas Cathedral
Founded in 1930 as the Russian Orthodox Church of St. Nicholas
 Orthodox Church in America
www.oca.org
dcnyoca.org

September 27, 2009

Martyr Callistratus and his 49 companions
Divine Liturgy of St. John Chrysostom

Most Blessed Jonah
Archbishop of Washington
Metropolitan of All America and Canada

Schedule of Services

Thursday	Oct	1	10:00 am	Liturgy (E,S) <i>Protection of the Theotokos</i>
Saturday	Oct	3	5:00 pm	Vigil (E, S, G)
Sunday	Oct	4	9:00 am	Liturgy (E)
			10:45 am	Liturgy (S)
			1:00 pm	Prayer (G)

E=English, S=Slavonic, G=Georgian, OC=Old Calendar

September Bulletins are sponsored by Galina Tolliver in honor of St. Sophia and her daughters St. Vera, St. Nadezhda and St. Lubov (Faith, Hope and Charity) Feast Day and in loving memory of her mother, Vera Megrinsky, Matushka Lubov Moiseev, Vera Kunsak and many others by those names who fell asleep in Lord. May their memory be eternal!

***** VISITORS *****

A warm welcome to St. Nicholas Cathedral!
We are glad to have you worship with us today.

...those who have given their lives for their homeland..."
Memory Eternal.
 St. Nicholas Cathedral – the National War Memorial Shrine
 3500 Massachusetts Avenue NW, Washington, DC 20007
 Phone: 202-333-5060 FAX: 202-965-3788
www.stnicholasdc.org

Sponsorship of the Bulletin: If you are interested in sponsoring the Sunday Bulletin, please contact the church office, (202)-333-5060, ext.10, for the dates you want. Immediate payment is not required, but advance reservations are needed. The donation is \$20 a week; \$80 a month (English); \$15 a week; \$60 a month (Russian). *Sponsors for the Russian bulletin are greatly needed!*

To join our **St Nicholas Cathedral E-mail announcement list**, please send an e-mail message to priestvalery@stnicholasdc.org with the word ‘**SUBSCRIBE**’ in the subject and body.

St Nicholas Coffee Hour

Date	Restrictions	Host
27 September	None	Bruce and Lola Beno
4 October	None	Michael and Karen Rossler
11 October	None	Anna Mighell
18 October	None	St Nicholas Festival

Candle Counter Schedule

Sunday, September 27	Divine Liturgy:	E S	Tom Downey Elena Nagaitseva
Thursday, October 1	Divine Liturgy: @ 10 am	E,S	Nadezhda Kosheleva
Saturday, October 3	Vigil: @ 5 pm	E,S,G	Gilian Butler
Sunday, October 4	Divine Liturgy:	E S	Gilian Butler Mat. Marina Varchik

The collection for the week of September 14, including both Liturgies on Sunday, September 20 was \$10269.50. This greater than the average general fund collection by about \$700.00; however, the average expenses for the past 6 months was approximately \$10,374--this week there was only about \$100 shortfall. On a brighter note, we have collected pledges to date of more than \$120,000.00 for the capital fund for the Cathedral (for HVAC, etc).

Adult Education: Father Constantine has begun the “Orthodoxy through the Liturgy” class (formerly known as the Inquiry Class). The class takes place on Saturdays September 19 from 3:30 – 4:30 p.m. in the Annex. All are welcome to attend!

The R Club meeting will take place on Tuesday, September 29 at 7:30 p.m. in the Church Hall. A report of the recent National Convention and election of delegates for the District Convention to be held at St. Mark on October 24 will be some of the topics for that meeting. All are invited to attend. This is a good way to meet and socialize with fellow Orthodox.

Mount Tabor Publications is offering works by St Gregory Palamas as well as other writers. You can visit their website at: <http://thaborian.com> where you can order these and other works.

My deepest thanks to the St. Nicholas parish community for the wonderful outpouring of love, prayer, and support for me and my family following the recent death of my husband.

Marilyn Swezey

Thanksgiving Note From a Senior Parishioner: *It was such a nice gesture: the lunch organized by Mrs. Irina Panyutin and everyone who gave their effort and time for the senior members of the St Nicholas Cathedral. The menu was tasty and such friendly atmosphere. Interesting were the memories of the "church life:" events, people, as the late Fr Dimitry said: "Church Is the People." The younger generation should hear those memories. Rose was presented to each person by Mrs. Sharon Osmolovsky.*

*Dear all,
Thank you very much for your help with senior parishioners luncheon and especially to George Evanisko for coordination and a great support. Personally I would like to thank Sasha Kay, Matushka Marina, Matushka Nina, Lola Beno and Suzanne Tolstoy, Oksana Maslova and Sharon Osmolovsky for helping to cook and serve all the food. Also I would like to thank Irina Burgener for cooking so many delicious deserts, even in her so busy time, Matushka Marina and Suzanne for very tasty salads, Marina McGuigan for baking a corn bread and Alla Lowe for staffed eggs. Thank you very much to those who generously provided fruit, cheese, wine and a lot of deserts or monetary supported the luncheon: George Evanisko, Claire Nobels, Svetlana Boitsova, Peter Vlasov, Catherine Vangellow and Svetlana Moser. Thank you Sharon Osmolovsky for the beautiful roses you provided. Thank you Peter Vlasov, for video recording this event to be preserved for our history, for the pages of our cathedral memory book.*

Irina Panyutin

Fellowship Event/Zip Code Social: The Stewardship Committee is organizing a Social/Fellowship event for Saturday, October 3rd. Several people have already volunteered to hold the socials in Potomac, Ashburn, and Gainesville. The Zip Code Social is a get together for St. Nicholas parishioners to meet other parishioners who live in the same general area (and to meet to have a fun time). If you live in the Potomac area, in zip codes 20814, 20815, 20816, 20850, 20852, 20854, or 20895, please call host Irina Panyutin at 301-294-0084 to confirm attendance in Potomac. If you live outside the beltway in Northern Virginia, you can call host George Evanisko in the Manassas area at 703-743-9435 or host Svetlana Boitsova in the Ashburn area at 703-723-2748 to attend those socials. In the future, we will **have socials in other surrounding areas.**

Sunday School Has Begun! We kicked off the start of another school year last week with a wonderful blessing from Metropolitan Jonah! **But it is not too late to register!** Please bring your children to the Annex from 10:30-11:15 to join in classes offered for all ages.

In Russian: 3-5 year olds & 1st-3rd graders

In English: Classes from age 3 through High School

Classes are followed by Choir Practice led by Mat. Nina White from 11:15-11:30.

We hope to see you and your children!

RELICS: A Class for 4th - 8th Graders on Saturday, October 3rd: In a new monthly Saturday class geared toward our parish's 4th-8th graders, Deacon Blagoje Siljegovic will kick off the first in this series by introducing our children to the relics of the saints held at the Cathedral, explaining what a relic is and the Orthodox teaching regarding their veneration. Children (and their families) are invited to join Dn. Blagoje on 10/03 at 3:30pm, and to stay for Vigil afterwards. Please contact Alyssa Przystawik at lys0426@gmail.com if your child plans to attend!

Troparion (Tone 7): By thy Cross, Thou didst destroy death! To the thief, Thou didst open Paradise! For the myrrhbearers, Thou didst change weeping into joy! And Thou didst command Thy disciples, O Christ God, to proclaim that Thou art risen, granting the world great mercy!

Troparion St. Nicholas (Tone 4): Thy just works have shown Thee to thy flock as an example of faith, an image of meekness and a teacher of abstinence. By humility Thou didst achieve exaltation, and by meekness, riches. O Father Bishop Nicholas, intercede with Christ our God to save our souls..

Kontakion (Tone 7): The dominion of death can no longer hold men captive, for Christ descended, shattering and destroying its powers! Hell is bound, while the prophets rejoice and cry: the Savior has come to those in faith! Enter, you faithful, into the Resurrection!

Glory to the Father and to the Son and to the Holy Spirit

St. Nicholas: (Tone 3): You revealed yourself in Myra as a priest, O Holy One, for you fulfilled the gospel of Christ by giving up your life for your people and saving the innocent from death. Therefore you are blessed as one well instructed in the grace of God.

Now and ever and unto the ages of ages. Amen.

Kontakion (Tone 6): Steadfast Protectress of Christians, constant advocate before the Creator, despise not the cry of us sinners, but in your goodness come speedily to help us who call on you in faith, hasten to hear our petition and to intercede for us, O Theotokos, for you always protect those who honor you.

Prokeimenon (Tone 7): The Lord shall give strength to His people! The Lord shall bless His people with peace! Verse: Offer to the Lord, O ye sons of God! Offer young rams to the Lord.

Epistle: 2 Cor. 6:1-10: Brethren, we then, as workers together with Him also plead with you not to receive the grace of God in vain. For He says: "In an acceptable time I have heard you, And in the day of salvation I have helped you." Behold, now is the accepted time; behold, now is the day of salvation. We give no offense in anything, that our ministry may not be blamed. But in all things we commend ourselves as ministers of God: in much patience, in tribulations, in needs, in distresses, in stripes, in imprisonments, in tumults, in labors, in sleeplessness, in fastings; by purity, by knowledge, by longsuffering, by kindness, by the Holy Spirit, by sincere love, by the word of truth, by the power of God, by the armor of righteousness on the right hand and on the left, by honor and dishonor, by evil report and good report; as deceivers, and yet true; as unknown, and yet well known; as dying, and behold we live; as chastened, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

Alleluia (Tone 7): It is good to give thanks to the Lord, to sing praise to Thy Name, O Most High.

Vs. To declare Thy mercy in the morning, and Thy truth by night.

Prayer Before Gospel Reading: O Master Who love mankind, make the spotless light of Your revelation of God shine in our hearts, and open the eyes of our mind that we may grasp the message of Your Good News. Instill in us respect for Your blessed commandments, so that overcoming (or trampling down) all self-indulgent passions, we may pursue a way of life the Spirit brings, and please You in all we think and do. For You are the enlightenment of our souls and bodies, O Christ our God, and we render glory to You together with Your Father without beginning and Your all-holy and good and life-creating Spirit: now and ever, and unto ages of ages. Amen.

Gospel: Luke 5:1-11: At that time, while the people pressed upon Him to hear the word of God, He was standing by the lake of Gennes'aret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, He asked him to put out a little from the land. And He sat down and taught the people from the boat. And when He had ceased speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Your word I will

let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish which they had taken; and so also were James and John, sons of Zeb'edee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

Communion Verse: Praise the Lord from the heavens, praise Him in the highest. Alleluia, Alleluia, Alleluia.

Thanksgiving Prayer After Communion: We give thank, Lord our God, for letting us share in the holy Mysteries You have given us for the benefit, sanctification, and healing of our souls and bodies. O Master of all things! Let them provide us with faith that cannot be shaken, with love that does not pretend, with wisdom that is complete, with healing for our souls and bodies, with a sure defense against adversary, with a willingness to observe all You have given us, and, finally, with the right answer at the judgment seat of your Christ. For You make us holy, and we render glory to You – to the Father and to the Son and to the Holy Spirit: now and ever and unto ages of ages.

WORDS TO LIVE BY...

St Innocent of Alaska: ...One of the surest ways of attracting the Holy Spirit is by *humility*. Even if you are an honest, just, good, and merciful man, in a word, even though you may have achieved much goodness, keep considering yourself as an unworthy servant of God. Indeed, if we examine our good works more closely, we will see that none of them are completely beyond reproach. For example, if we give alms or help someone, how often do we add conceited, regretful, self-interested, judgmental, or other such unkind thoughts to our alms or help. Of course, every good deed always remains good, even when it is imperfect. It can be likened to gold which has value even before it is purified. But as gold becomes more precious when an experienced craftsman purifies and works it, so let us entrust our good deeds to the Heavenly Master that He will make them even more valuable.

Thus, if you wish your good deeds to please God, do not boast about them. You are not the master but only an apprentice. As craftsmanship gives value to gold, so a pure and unselfish Christian love, which stems from the Holy Spirit, gives value to our good deeds. Everything that is done without Christian love, i.e., without the Holy Spirit, is not yet a fully valued good deed. Without the Holy Spirit a person remains poor and pitiful. But humility consists not only of realizing your unworthiness but also of bearing the various sorrows and adversities of life with *patience* and without grumbling, considering them as sent or allowed by God for our benefit. Do not say, "How unfortunate I am!" But say, "I deserve a still greater punishment for my sins!" And ask God not so much to deliver you from adversities as to give you patience and courage to bear them.

Bulletin Messages

The Stewardship Committee will be distributing the 2010 pledge packet in the church hall after the first and second liturgies today. Please pick up your envelope downstairs. We kindly thank you for helping us to reduce the cost of mailing!

St. Nicholas Cathedral FESTIVAL 2009

October 17 – October 18

www.stnicholasdcfestival.org

As many of you have heard we are trying to show our neighbors just how ethnically rich and welcoming to all our parish is and the inclusivity of the Orthodox Church in America by having different food kiosks. So far we have Russian, Georgian, Serbian and American. We have plenty of room for other groups. If you would like to feature your ethnic dishes, great! Please let me know as soon as possible so we can allocate space.

Sweet tooth experts are needed for the bakery table and if there is anyone out there who can make a mean cup of espresso - we need you too.

We will be selling ads for our brochure. The ads for the Festival will cost:

\$35 for 1/3 page 2.8"

\$55 for 1/2 page 4.5"

\$100 for full page 8.5"

This advertizing is an excellent way to bring in extra revenue at a time of great need in our Cathedral. These can be business ads or personal ads, for example you may want to wish someone a happy birthday or anniversary, you can have an ad that welcomes the Metropolitan to Washington or wishes him good health. So ask your friends, neighbors and business people in your area. Every little bit helps. Remember, the more ads we sell, the more money we will have for repairs to the Cathedral. **Deadline for submitting an add is Oct.1, 2009.** Suggestions are gratefully accepted but mostly we need your elbow grease to help set up, break down and everything in between. Give us a call and we'll find you a job that needs your abilities.

We will hold a **silent auction** so if you have something valuable and suitable for silent auction please contact:

Irina Burgener at 301-933-9043 or write to iburgen@gmail.com

White Elephant Sale. Okay, we're giving you another opportunity to clean your house. **Starting next SUNDAY, SEPTEMBER 20 you can bring your White Elephant items to church. The items will be stored in the rectory. We are also looking for quality items that could be used for the silent auction. Please remember, all items donated MUST be clean, NOT broken or chipped. We WILL NOT accept old books, text books, records, electronics or clothing.** It is important that you was any glasses, dishes, etc that you are donating. Yes, we will take CLEAN handbags, belts and scarves and of course jewelry, costume or real. We really need volunteers to help set up and sell at the sales tables.

Tribute to St. Nicholas Veterans: Please help us compile a complete list of members of our parish who have served in the U.S. Military for any period of time. Begin with World War II and take us through Korea, the Cold War years, Vietnam, the Balkans, Iraq and Afghanistan.

1. Full Name

2. Branch of Service (Army, Navy, Air Force, Marines, Coast Guard) Period of Service (years or place such as Korea or Iraq)

The names will be featured on a full page of the Fall Festival '09 booklet. Leave the information at the candle counter or email to iburgen@gmail.com