

St. Nicholas Cathedral
Founded in 1930 as the Russian Orthodox Church of St. Nicholas
 Orthodox Church in America
 www.oca.org
 dcnycoca.org

September 13, 2009

**Founding of Church of the Holy Sepulchre
 Divine Liturgy of St. John Chrysostom**

**Most Blessed Jonah
 Archbishop of Washington
 Metropolitan of All America and Canada**

Schedule of Services

Monday	Sept	14	10:00 am	Liturgy (E, S) <i>Exaltation of the Precious and Lifegiving Holy Cross</i>
Thursday	Sept	17	10:00 am	Liturgy (E, S) <i>In memory of Bishop Basil (Rodzianka)</i>
Saturday	Sept	19	5:00 pm	Vigil (E, S)
Sunday	Sept	20	9:00 am	Liturgy (E)
			10:45 am	Liturgy (S)
			1:00 pm	Prayer (G)
Monday	Sept	21	9:00 am	Liturgy (OC) <i>Nativity of the Most Holy Theotokos</i>

E=English, S=Slavonic, G=Georgian, OC=Old Calendar

September Bulletins are sponsored by Galina Tolliver in honor of St. Sophia and her daughters St. Vera, St. Nadezhda and St. Lubov (Faith, Hope and Charity) Feast Day and in loving memory of her mother, Vera Megrinsky, Matushka Lubov Moiseev, Vera Kunsar and many others by those names who fell asleep in Lord. May their memory be eternal!

***** VISITORS *****

**A warm welcome to St. Nicholas Cathedral!
 We are glad to have you worship with us today.**

...those who have given their lives for their homeland..."
Memory Eternal.
 St. Nicholas Cathedral – the National War Memorial Shrine
 3500 Massachusetts Avenue NW, Washington, DC 20007
 Phone: 202-333-5060 FAX: 202-965-3788
 www.stnicholasdc.org

Sponsorship of the Bulletin: If you are interested in sponsoring the Sunday Bulletin, please contact the church office, (202)-333-5060, ext.10, for the dates you want. Immediate payment is not required, but advance reservations are needed. The donation is \$20 a week; \$80 a month (English); \$15 a week; \$60 a month (Russian). *Sponsors for the Russian bulletin are greatly needed!*

St Nicholas Coffee Hour

Date	Restrictions	Host
13 September	None	Susan Rudy
20 September	None	Susanne Somersalo
27 September	None	Bruce and Lola Beno
4 October	None	Michael and Karen Rossler

Candle Counter Schedule

Sunday, September 13	Divine Liturgy:	E	Gilian Butler
		S	Olga Liefert
Sunday, September 13	Vigil:		Nadezhda Kosheleva
	<i>Holy Cross</i>	@5pm	
Monday, September 14	Divine Liturgy:		Nadezhda Kosheleva
	<i>Holy Cross</i>	@10am	
Thursday, September 17	Divine Liturgy:		Matushka Marina Varchik
		@10am	
Saturday, September 19	Vigil:		Daria Virvan
		@5pm	
Sunday, September 20	Divine Liturgy:	E	Daria Virvan
		S	Svetlana Grenier
Monday, September 21	Divine Liturgy:	O.C.	Nadezhda Kosheleva
	<i>Nativity of Theotokos</i>	@9 am	
Saturday, September 26	Vigil:		Tom Downey
		@5pm	
Sunday, September 27	Divine Liturgy:	E	Tom Downey
		S	Elena Nagaitseva

Orthodox Christian Mission Center (OCMC) Agape Canister: Orthodox Christian Mission Center (OCMC) Agape Canister: The OCMC Agape Canister this week brought in \$21.50; thank you for donating through the OCMC to share Christ with the world; your donations are a living witness to the fullness of the Gospel. Continuing the work of the Apostles themselves, may we all be given the strength to answer the call issued by Christ on that day to "...go and make disciples of all nations." (Matt 28) To be a canister volunteer or to volunteer for a mission trip, please contact Betty Slanta or visit, or visit <http://www.ocmc.org>.

To join our **St Nicholas Cathedral E-mail announcement list**, please send an e-mail message to priestvalery@stnicholasdc.org with the word 'SUBSCRIBE' in the subject and body.

Remembering Bishop Basil

On September 17, 2009 Divine Liturgy will be celebrated at 10am by His Beatitude, Metropolitan Jonah at St. Nicholas Cathedral, Washington, DC, in memory of His Grace, Bishop Basil (Rodzianko) on the tenth anniversary of his repose. There will be a memorial trapeza in the church hall following the Liturgy. The Holy Archangels Foundation cordially invites all who knew and remember Bishop Basil to join in this commemoration.

Progress Report: Capital Repair fundraiser: We have now successfully raised over \$118,000 in cash and pledges towards the cost of the installation of the new HVAC system of the Cathedral and repairs to the interior. Thank every one of you for your good prayers and your pledges of support. A small group of parishioners met on the evening of September 11th and outlined the final effort to meet the Capital Repair Campaign goal of \$250,000. If you would like to be a part of this team, let the office know and we will add you to the group. If you have not yet made your pledge, look in the coffee room for pledge cards. The pledge cards and our goal chart are near the doorway.

Mount Tabor Publications is offering works by St Gregory Palamas as well as other writers. You can visit their website at: <http://thaborian.com> where you can order these and other works.

Blessing of Children & Teachers. We will kick off the new Sunday School year with a blessing of all of our children and their teachers today at the end of the 1st Liturgy. We ask that ALL families & Sunday School teachers from BOTH Liturgies be present in the church by 10:20 AM to stand together to receive the blessing.

Parishioner Teacher Association: There will be a special collection for the Sunday School PTA on Sunday September 13, 2009 after the first and second liturgies. The PTA is used by our Sunday School children to help pay for their different student activities, such as summer camp, trips, and events. Thank you for your continued support of our children.

Adult Education: Father Constantine will begin the “Orthodoxy through the Liturgy” class (formerly known as the Inquiry Class) on Saturday September 19 from 3:30 – 4:30 p.m. in the Annex. All are welcome to attend!

Troparia (Tone 5): Let us, the faithful, praise and worship the Word, coeternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death, and to raise the dead by His glorious Resurrection.

Troparion Dedication (Tone 4) You have revealed the beauty of the holy dwelling place of Your glory on earth to be like the splendor of the heavenly firmament, O Lord. Through the prayers of the Theotokos, strengthen it for ever and ever and accept our supplication which we ceaselessly offer to You therein, the life and resurrection of all!

Troparion Forefeast (Tone 4) We offer in supplication the life-creating Cross of Your goodness, O Lord, which You have granted to us although we are unworthy.

Through the Theotokos, save all Orthodox Christians, O only Lover of mankind!

Glory to the Father, and to the Son, and to the Holy Spirit,

Kontakia (Tone 5): Thou didst descend into hell, O my Savior, shattering its gates as Almighty; resurrecting the dead as Creator, and destroying the sting of death. Thou hast delivered Adam from the curse, O Lover of Man, and we all cry to Thee: O Lord, save us!

Now & ever & unto ages of ages. Amen.

Kontakion Dedication (Tone 4) The Church has been revealed to be a heaven filled with light, which enlightens all the faithful. Standing within it we cry: “Establish this house, O Lord!”

Prokeimenon (Sun. before Elevation) (Tone 6): O Lord, save Thy people and bless Thine inheritance. Vs. To Thee, O Lord, will I call, O my God, be not silent to me.

Epistle: (Sun. before Elevation) Gal. 6:11-18: Brethren, see with what large letters I have written to you with my own hand! As many as desire to make a good showing in the flesh, these would compel you to be circumcised, only that they may not suffer persecution for the Cross of Christ. For not even those who are circumcised keep the law, but they desire to have circumcised that they may boast in your flesh. But God forbid that I should boast except in the Cross of our Lord Jesus Christ, by whom the world has been crucified to me, and I to the world. For in Christ Jesus neither circumcision nor uncircumcision avails anything, but a new creation. As many as walk according to this rule, peace & mercy be upon them, and upon the Israel of God. From now on let no one trouble me, for I bear in my body the marks of the Lord Jesus. Brethren, the grace of our Lord Jesus Christ be with your spirit. Amen.

Dedication: Heb. 3:1-4: Holy brethren, partakers of the heavenly calling, consider the Apostle and High Priest of our confession, Christ Jesus, who was faithful to Him who appointed Him, as Moses also was faithful in all His house. For this One has been counted worthy of more glory than Moses, inasmuch as He who built the house has more honor than the house. For every house is built by someone, but He who built all things is God.

Alleluia (Tone 1): I have exalted one chosen out of My people. Vs. For My hand shall defend him & My arm shall strengthen him.

Prayer Before Gospel Reading: O Master Who love mankind, make the spotless light of Your revelation of God shine in our hearts, and open the eyes of our mind that we may grasp the message of Your Good News. Instill in us respect for Your blessed commandments, so that overcoming (or trampling down) all self-indulgent passions, we may pursue a way of life the Spirit brings, and please You in all we think and do. For You are the enlightenment of our souls and bodies, O Christ our God, and we render glory to You together with Your Father without beginning and Your all-holy and good and life-creating Spirit: now and ever, and unto ages of ages. Amen.

Bulletin Messages

St. Nicholas Cathedral FESTIVAL 2009

October 17 – October 18

www.stnicholasdcfestival.org

As many of you have heard we are trying to show our neighbors just how ethnically rich and welcoming to all our parish is and the inclusivity of the Orthodox Church in America by having different food kiosks. So far we have Russian, Georgian, Serbian and American. We have plenty of room for other groups. If you would like to feature your ethnic dishes, great! Please let me know as soon as possible so we can allocate space.

Sweet tooth experts are needed for the bakery table and if there is anyone out there who can make a mean cup of espresso - we need you too.

We will be selling ads for our brochure. The ads for the Festival will cost:

\$35 for 1/3 page 2.8"

\$55 for 1/2 page 4.5"

\$100 for full page 8.5"

This advertizing is an excellent way to bring in extra revenue at a time of great need in our Cathedral. These can be business ads or personal ads, for example you may want to wish someone a happy birthday or anniversary, you can have an ad that welcomes the Metropolitan to Washington or wishes him good health. So ask your friends, neighbors and business people in your area. Every little bit helps. Remember, the more ads we sell, the more money we will have for repairs to the Cathedral. Suggestions are gratefully accepted but mostly we need your elbow grease to help set up, break down and everything in between. Give us a call and we'll find you a job that needs your abilities.

We will hold a **silent auction** so if you have something valuable and suitable for silent auction please contact:

Irina Burgener at 301-933-9043 or write to iburgen@gmail.com

White Elephant Sale. Okay, we're giving you another opportunity to clean your house. **Starting next SUNDAY, SEPTEMBER 20 you can bring your White Elephant items to church. The items will be stored in the rectory. We are also looking for quality items that could be used for the silent auction. Please remember, all items donated MUST be clean, NOT broken or chipped.** We **WILL NOT** accept **old books, text books, records, electronics or clothing.** It is important that you was any glasses, dishes, etc that you are donating. Yes, we will take CLEAN handbags, belts and scarves and of course jewelry, costume or real. We really need volunteers to help set up and sell at the sales tables.

Tribute to St. Nicholas Veterans: Please help us compile a complete list of members of our parish who have served in the U.S. Military for any period of time. Begin with World War II and take us through Korea, the Cold War years, Vietnam, the Balkans, Iraq and Afghanistan.

1. Full Name

2. Branch of Service (Army, Navy, Air Force, Marines, Coast Guard) Period of Service (years or place such as Korea or Iraq)

The names will be featured on a full page of the Fall Festival '09 booklet. Leave the information at the candle counter or email to iburgen@gmail.com

Gospel: (Sun. before Elevation) John 3:13-17: The Lord said, "No one has ascended to heaven but He who came down from heaven, that is, the Son of Man who is in heaven. And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up, that whoever believes in Him should not perish but have eternal life. For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have eternal life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved."

Dedication: Matt. 16:13-18: When Jesus came into the district of Caesare'a Philip'pi, he asked his disciples, "Who do men say that the Son of man is?" And they said, "Some say John the Baptist, others say Eli'jah, and others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter replied, "You are the Christ, the Son of the living God." And Jesus answered him, "Blessed are you, Simon Bar-Jona! For flesh and blood has not revealed this to you, but my Father who is in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the powers of death shall not prevail against it.

Communion Verse: Praise the Lord from the heavens, praise Him in the highest. Alleluia, Alleluia, Alleluia.

Thanksgiving Prayer After Communion: We give thank, Lord our God, for letting us share in the holy Mysteries You have given us for the benefit, sanctification, and healing of our souls and bodies. O Master of all things! Let them provide us with faith that cannot be shaken, with love that does not pretend, with wisdom that is complete, with healing for our souls and bodies, with a sure defense against adversary, with a willingness to observe all You have given us, and, finally, with the right answer at the judgment seat of your Christ. For You make us holy, and we render glory to You – to the Father and to the Son and to the Holy Spirit: now and ever and unto ages of ages.

WORDS TO LIVE BY...

St Innocent, Enlightener of Alaska: It is necessary for a disciple and follower of Christ to take up his cross. The *cross* means the various difficulties and sorrows associated with a Christian life. Crosses may be **external** as well as **internal**. To take up your cross means to tolerate everything without complaining, regardless of how unpleasant things might become. For example, if someone has insulted you or laughed at you or provoked you, bear it all without anger or resentment. Similarly, if you helped someone and he, instead of showing gratitude, made up deceitful tales about you or if you wanted to do something good but were unable to accomplish it, bear it without despondency. Did some misfortune befall you? Did someone in your family become ill, or despite all your efforts and tireless labor did you repeatedly suffer failure? Has some other thing or person oppressed you? Bear all with patience in the name of Jesus Christ. Do not consider yourself punished unjustly, but accept everything as your cross. To *bear your cross* means not only to accept patiently all difficulties that befall you but also to **strive for spiritual perfection**, as the Scriptures teach us.