

St. Nicholas Cathedral
Founded in 1930 as the Russian Orthodox Church of St. Nicholas
Orthodox Church in America
www.oca.org
dcnyoca.org

July 5, 2009

St Athanasius of Mt. Athos, Uncovering of the Relics of St Sergius of Radonezh
Divine Liturgy of St. John Chrysostom

METROPOLITAN JONAH

ARCHBISHOP OF WASHINGTON
V. Rev. Constantine White, Dean
Rev. Valery Shemchuk, Associate Pastor

Schedule of Services

| | | | | |
|----------|------|----|--------------------------------|--|
| Saturday | July | 11 | 5:00 pm | Vigil (E,S) |
| Sunday | July | 12 | 9:00 am 10:45 am 1:00 pm | Liturgy (E) Liturgy (S) Prayer Service (G) |

E=English, S=Slavonic, G=Georgian

***** VISITORS *****

**A warm welcome to St. Nicholas Cathedral!
We are glad to have you worship with us today.**

...those who have given their lives for their homeland..."
Memory Eternal.

St. Nicholas Cathedral – the National War Memorial Shrine
3500 Massachusetts Avenue NW, Washington, DC 20007
Phone: 202-333-5060 FAX: 202-965-3788
www.stnicholasdc.org

**WE WOULD LIKE TO THANK EVERYONE FOR THEIR KIND REMEMBRANCES ON OUR SILVER ANNIVERSARY AND FATHER'S BIRTHDAY. WE ARE VERY BLESSED TO BE IN SUCH A WONDERFUL COMMUNITY. GOD BLESS YOU ALL!
FR. CONSTANTINE AND MATUSHKA NINA.**

ALL AMERICAN INDEPENDENCE DAY PICNIC

PLEASE JOIN US DOWNSTAIRS IMMEDIATELY AFTER TODAY'S LITURGY FOR OUR ALL-AMERICAN PICNIC! GOD BLESS AMERICA!

St Nicholas Coffee Hour

| Date | Restrictions | Host |
|--------------|--------------|----------------------------------|
| 12 July 2009 | None | Gillian Butler |
| 19 July 2009 | None | Robert Holman |
| 26 July 2009 | None | Sharon Osmolovsky |
| 9 Aug. 2009 | None | Catherine Vangellow |
| 16 Aug. 2009 | None | Nina Shafran & Robert Tyszchenko |

DEADLINE TODAY--VACATION CHURCH SCHOOL -- St. Mark Church School (Bethesda: <http://stmarkoca.org>) will be hosting Vacation Church School (VCS) this year, during the week of July 13-16, 10 am-2 pm. Cost is \$20 for one child, \$30 for a family. Please see the Sunday school bulletin board in the basement for more information and/or registration forms. Deadline is TODAY, July 5th. ONLY THE FIRST 50 students will be accepted. If you are interested in attending, send an email TODAY to George Evanisko (george.evanisko@uspto.gov).

CHILDRENS ORTHODOX SUMMER CAMP — Several children are going for a week to Orthodox overnight camps this summer. If you are interested in attending, please contact George Evanisko (george.evanisk@uspto.gov) as soon as possible. In addition, there is money available from the Parishioner/Teachers Association (PTA) to assist financially needy families to pay to attend the Camp(s)—Please see a priest to discuss arrangements.

We have now successfully raised \$41,850 in cash and pledges towards the cost of the capital repair for the interior of St. Nicholas. The HVAC system on the roof has been patched for the summer so that we will have some air conditioning and the new HVAC system will be installed later in the year. The cost for the new system and for the repair of the damage in the interior of St. Nicholas is approximately \$250,000 so we have a long way to go to raise the money needed. Please send your gifts or pledges in as soon as possible. Look in the coffee room for extra pledge cards if you need one.

Troparion (Tone 3): Let the heavens rejoice! Let the earth be glad! For the Lord has shown strength with His arm! He has trampled down death by death! He has become the first-born of the dead! He has delivered us from the depths of hell, and has granted the world great mercy!

Troparia (Tone 4): Thy just works have shown Thee to thy flock as an example of faith, an image of meekness and a teacher of abstinence. By humility Thou didst achieve exaltation, and by meekness, riches. O Father Bishop Nicholas, intercede with Christ our God to save our souls.

Kontakion (Tone 3): On this day Thou didst rise from the tomb, O Merciful One, leading us from the gates of death. On this day Adam exults as Eve rejoices; with the prophets and patriarchs they unceasingly praise the divine majesty of Thy power!

Glory to the Father and to the Son and to the Holy Spirit.

Kontakion St. Nicholas (Tone 3): You revealed yourself in Myra as a priest, O Holy One, for you fulfilled the gospel of Christ by giving up your life for your people and saving the innocent from death. Therefore you are blessed as one well instructed in the grace of God.

Now and ever and unto ages of ages. Amen

Steadfast Protectress (Tone 6): Steadfast Protectress of Christians, constant advocate before the Creator, despise not the cry of us sinners, but in your goodness come speedily to help us who call on you in faith, hasten to hear our petition and to intercede for us, O Theotokos, for you always protect those who honor you.

Prokeimenon (Tone 3): Sing praises to our God, sing praises! Sing praises to our King, sing praises! Vs. Clap your hands, all ye people! Shout to God with loud songs of joy!

Epistle: Rom. 6:18-23: Brethren: having been set free from sin, you became slaves of righteousness. I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves of uncleanness, and of lawlessness leading to more lawlessness, so now present your members as slaves of righteousness for holiness. For when you were slaves of sin, you were free in regard to righteousness. What fruit did you have then in the things of which you are now ashamed? For the end of those things is death. But now having been set free from sin, and having become slaves of God, you have your fruit to holiness, and the end, everlasting life. For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Alleluia (Tone 3): In Thee, O Lord, have I placed my hope; let me not be put to shame. Vs. Be Thou a God of protection for me, a house of refuge in order to save me.

Prayer Before Gospel Reading: O Master Who love mankind, make the spotless light of Your revelation of God shine in our hearts, and open the eyes of our mind that we may grasp the message of Your Good News. Instill in us respect for Your blessed commandments, so that overcoming (or trampling down) all self-indulgent passions, we may pursue a way of life the Spirit brings, and please You in all we think and do. For You are the enlightenment of our souls and bodies, O Christ our God, and we render glory to You together with Your Father without beginning and Your all-holy and good and life-creating Spirit: now and ever, and unto ages of ages. Amen.

Gospel: Matt. 8:5-13: As Jesus entered Caper'na-um, a centurion came forward to Him, beseeching Him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And He said to him, "I will come and heal him." But the centurion answered Him, "Lord, I am not worthy to have You come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, He marveled, and said to those who followed Him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

Communion Hymn: **Praise the Lord from the heavens... Alleluia, Alleluia, Alleluia!**

Thanksgiving Prayer After Communion: We give thank, Lord our God, for letting us share in the holy Mysteries You have given us for the benefit, sanctification, and healing of our souls and bodies. O Master of all things! Let them provide us with faith that cannot be shaken, with love that does not pretend, with wisdom that is complete, with healing for our souls and bodies, with a sure defense against adversary, with a willingness to observe all You have given us, and, finally, with the right answer at the judgment seat of your Christ. For You make us holy, and we render glory to You – to the Father and to the Son and to the Holy Spirit: now and ever and unto ages of ages.

Wisdom of the Saints

Strive as well as you can to enter deeply with the heart into the church reading and singing and to imprint these on the tablets of the heart.

Abbot Nazarius

When anyone is disturbed or saddened under the pretext of a good and soul-profitting matter, and is angered against his neighbor, it is evident that this is not according to God: for everything that is of God is peaceful and useful and leads a man to humility and to judging himself.

St. Barsanuphius the Great

Every day you provide your bodies with good to keep them from failing. In the same way your good works should be the daily nourishment of your hearts. Your bodies are fed with food and your spirits with good works. You aren't to deny your soul, which is going to live forever, what you grant to your body, which is going to die.

St. Gregory the Great