

# St. Nicholas Cathedral

Founded in 1930 as the Russian Orthodox Church of St. Nicholas

## Orthodox Church in America

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### September 21, 2008

Sunday after Elevation of the Precious Cross  
Holy Apostle Quadratus of 70, St Dimitry, metr. of Rostov  
*Divine Liturgy of St. John Chrysostom*

#### Archbishop of Dallas and the South Dmitri,

Locum Tenens of the Metropolitan's See  
V. Rev. Constantine White, Dean  
Rev. Valery Shemchuk, Associate Pastor

#### Sunday Lessons

Next Week – Tone 6: 2 Cor. 4:6-15; Luk. 5:1-11

#### Schedule of Services

Saturday	27 September	9:00 am	Liturgy (S,G) Elevation of the Holy Cross (OC)
		5:00 pm	Vigil (E, S, G)
Sunday	28 September	9:00 am	Liturgy (E) Elevation of the Holy Cross
		10:45 am	Liturgy (S)
		1:00 pm	Prayer Service (G)

E=English, S=Slavonic, G=Georgian

General Confession in English is held on the first and third Saturdays of the month.

General confession in Russian is held on the second and fourth Saturdays of the month.

*Bulletins today are donated in honor of Major Irina Stahovich, by Anna Mighell, in recognition of Irina's life of service to her country and the Orthodox faith. She is now residing in the Soldiers Home.*

**Sponsorship of the Bulletin:** If you are interested in sponsoring the Sunday Bulletin, please contact the church office, (202)-333-5060, ext.10, for the dates you want. Immediate payment is not required, but advance reservations are needed. The donation is \$20 a week; \$80 a month (English); \$15 a week; \$60 a month (Russian). *Sponsors for the Russian bulletin are greatly needed!*

**To place a notice in the church bulletin:** Call the church office and leave a message - press 10 at menu, or e-mail the church at [office@stnicholasdc.org](mailto:office@stnicholasdc.org). Notices must be submitted no later than **Wednesday** for the following Sunday. **\*\*\*Please note change in email address for messages!\*\*\***

#### \*\*\* VISITORS \*\*\*

A warm welcome to St. Nicholas Cathedral! We are glad to have you worship with us today.  
**Please join us downstairs for coffee hour following Liturgy!**

*Coffee Hour hosts by week:*

Date	Restrictions	Host
21 September	None	Gillian Butler Robert Holman
28 September	None	Robert Holman

  

#### Upcoming Events

Sunday	September 21	9:00 am	Liturgy (E)
		10:45 am	Liturgy (S) O.C. - Nativity of the Theotokos
Saturday	September 27	10:00 am	Liturgy (O.C. - S) Elevation of the Holy Cross
Sunday	September 28	9:00 am	Liturgy (E)
		10:45 am	Liturgy (S)
Tuesday	September 30	7:00 pm	Orthodox Women in Healing Ministries on Bioethics

**...those who have given their lives for their homeland...” Memory Eternal.**

St. Nicholas Cathedral – the National War Memorial Shrine

3500 Massachusetts Avenue NW, Washington, DC 20007

Phone: 202-333-5060 FAX: 202-965-3788

**Adult Education:** Father Constantine has begun the “Orthodoxy through the Liturgy” class (formerly known as the Inquiry Class). The class takes place on Saturdays from 3:30 – 4:30 p.m. in the Annex. All are welcome to attend!

**Orthodox Women in Healing Ministries** will present a talk on September 30, 2008 at 7 PM at Saint Nicholas Cathedral in the church hall. The presentation by Helen and Peter Evans as a part of their studies with the St. Stephen’s Program will be on “Bioethics: the Christian Perspective on the Difficult Questions New Technology Poses for our Lives”. Sponsored by Therapia Psychotherapy Services. All are welcome to attend.

SUNDAY SCHOOL REGISTRATION began August 10th for families with children ages 3 through high school. Registration forms are located on the Sunday School bulletin board in the Church basement or at the entrance to the Church. Get your family's registration in to qualify! We hope to see ALL of our parish's children in class this fall!

**Gospel: Mark: 8:34 – 9:1:** At that time, when Jesus had called the people to Himself, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow me. For whoever desires to save his life will lose it, but whoever loses his life for my sake & the Gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me & My words in this adulterous & sinful generation, of him will the Son of Man also be ashamed when He comes in the glory of His Father with the holy angels." And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."

**Hymn to the Theotokos:** Magnify, O my soul, the most precious Cross of the Lord. You are the mystical Paradise, O Theotokos, in which Christ blossomed; through Him the lifebearing Wood of the Cross was planted on earth. Now at its Elevation, as we bow in worship before it, we magnify you.

**Communion Verse:** Praise the Lord from the heavens.... The light of Thy countenance has shone on us, O Lord. Alleluia....

The Nation's Capital R Club meeting on Tuesday September 23<sup>rd</sup> at 7pm.

***Attention Parishioners!** Saint Nicholas Cathedral is seeking a hands-on person to be responsible for the day-to-day workings of the Cathedral office. Please submit your resume and two references to the Personnel Committee.*

***MONUMENT FOR THE GRAVE OF FATHER DMITRY** We are currently collecting funds for his grave marker at Fr Dmitry Grigorieff's grave in Rock Creek Cemetery. This is an appropriate way to mark the memory of our*

*beloved Dean Emeritus. If you have any questions about the monument, please see or call Svetlana Moser (202 623 6021)*

**Troparion of the Resurrection: (Tone 5):** Let us, the faithful, praise and worship the Word, coeternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death, and to raise the dead by His glorious Resurrection.

**Troparion (Tone 1):** O Lord, save Thy people, and bless Thine inheritance. Grant victories to the Orthodox Christians over their adversaries; and by virtue of Thy Cross, preserve Thy habitation.

**Glory to the Father and to the Son and to the Holy Spirit.**

**Kontakion of the Resurrection: (Tone 5):** Thou didst descend into hell, O my Savior, shattering its gates as Almighty; resurrecting the dead as Creator, and destroying the sting of death. Thou hast delivered Adam from the curse, O Lover of Man, and we all cry to Thee: O Lord, save us!

**Now & ever & unto ages of ages. Amen.**

**Kontakion (Tone 4):** As Thou wast voluntarily crucified for our sake, grant mercy to those who are called by name; make all Orthodox Christians glad by Thy power, granting them victories over their adversaries, by bestowing on them the invincible trophy, Thy weapon of peace.

**Prokeimenon (Tone 7):** Extol the Lord our God; worship at His footstool for it is holy! Vs. The Lord reigns; let the peoples tremble.

**Epistle: Gal. 2:16-20:** Brethren, knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified. But if, while we seek to be justified by Christ, we ourselves also are found sinners is Christ therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make myself a transgressor. For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I live now in the flesh I live by faith in the Son of God, Who loved me & gave Himself for me.

**Alleluia (Tone 1):** Remember Thy congregation which Thou hast purchased of old. Vs: God is our King before the ages; He has wrought salvation in the midst of the earth.