



St. Nicholas Cathedral
 Founded in 1930 as the Russian Orthodox Church of St. Nicholas
 Orthodox Church in America
 www.oca.org
 dcnyc.org
 March 30, 2008

**3rd Sunday of Great Lent
 Veneration of the Cross**

**Venerable John Climacus of Sinai,
 Author of "the Ladder"
 St Sophronius the Bishop of Irkutsk**

Divine Liturgy of St. Basil

METROPOLITAN HERMAN,
 ARCHBISHOP OF WASHINGTON & NEW YORK
*V. Rev. Constantine White, Dean
 Rev. Valery Shemchuk, Associate Pastor*

Sunday Lessons
This Week – Tone 3 Hebrews 4:14-5-6; Mark 8:34-9:1
Next Week – Tone 4 Hebrews 6:13-20; Mark 9:17-31

Schedule of Services

Wednesday	April	2	7:00 pm	Presanctified Liturgy (E)	
Friday	April	4	7:00 pm	Presanctified Liturgy (S)	
Saturday	April	5	10:30 am	Divine Liturgy (GEORGIAN)	Memorial Saturday
			5:00 pm	Vigil (E,S,G)	
Sunday	April	6	9:00 am	Divine Liturgy (E)	
			10:45 am	Divine Liturgy (S)	

E=English, S=Slavonic, G=Georgian

*General Confession in English is held on the first and third Saturdays of the month.
 General confession in Russian is held on the second and fourth Saturdays of the month.*

Gifts of Love Collections

Today following each liturgy there will be a collection for the Gifts of Love sponsored by the Fellowship of Orthodox Christians in America. The Gifts of Love collection is taken each year to benefit a designated charity. This year the charity is the married student housing project at St. Tikhon's Seminary. We hope you will give generously. Many of our parish members have and will be going to St. Tikhon's Seminary!

The March bulletins are sponsored by Jason Thomas in memory of his recently deceased great aunt, Helen Schlosser.

***** VISITORS *****

A warm welcome to St. Nicholas Cathedral! We are glad to have you worship with us today. **Please join us following Liturgy downstairs for our coffee hour!**

Please join us for the 14th Annual Lenten Retreat

**The Orthodox Perspective on Bioethics
 Panelists:**

Rev. Stanley S Harakas and Dr. Gayle Woloschak
Saturday, 5 April, 2008
9 AM to 4:30 PM
Greek Orthodox Cathedral of the Annunciation
24 W. Preston St., Baltimore, Maryland

Coffee Hour hosts by week:

Date	Restrictions	Name
30 March 2008	Fast	Susan Rudy
6 April 2008	Fast	Bill and Lidia Kosar
13 April 2008	Fast	Irina Burgener
20 April 2008	Fast	Catherine Vangellow
27 April 2008	HOLY PASCHA	Daria Virvan -- Paschal Breakfast – Volunteer Needed for Sunday after Vespers

UPCOMING EVENTS & SERVICES

- ❖ **30 March, Sunday** 9:00 AM Liturgy (E)
10:45 AM Liturgy (S)
- ❖ **5 April, Saturday** 9:00 AM to 4:30 PM Lenten Retreat “Orthodox Perspective on Bioethics” *
- ❖ **6 April, Sunday,** IOCC representative at both Liturgies
- ❖ **19 April, Saturday,** Pascha Preparation Craft Day for Children

*See Bulletin Board

**...those who have given their lives for their homeland...”
 Memory Eternal.**

St. Nicholas Cathedral – the National War Memorial Shrine
3500 Massachusetts Avenue NW, Washington, DC 20007
Phone: 202-333-5060 FAX: 202-965-3788
www.stnicholasdc.org office@stnicholasdc.org

Troparion (Tone 3): Let the heavens rejoice! Let the earth be glad! For the Lord has shown strength with His arm! He has trampled down death by death! He has become the first-born of the dead! He has delivered us from the depths of hell, and has granted the world great mercy!

Cross (Tone 1): O Lord, save Thy people and bless Thine inheritance. Grant victory to all Orthodox Christians, over their adversaries; and by virtue of Thy Cross, preserve Thy habitation.

Glory to the Father and to the Son and to the Holy Spirit. Now and ever and unto ages of ages. Amen.

Kontakion - Cross (Tone 7): Now the flaming sword no longer guards the gates of paradise; it has been mysteriously quenched by the wood of the Cross! The sting of death and the victory of hell have been vanquished; for Thou, O my Savior, didst come and cry to those in hell: Enter again into Paradise.

In place of the Trisagion: Before Thy Cross, we bow down in worship, O Master and Thy Holy Resurrection, we glorify.

Prokeimenon (Tone 6) Cross: O Lord, save Thy people and bless Thine inheritance. Verse: To Thee, O Lord, will I call. O my God, be not silent to me!

Epistle: Hebrews 4:14 - 5:6: Brethren: Seeing that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need. For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins. He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. Because of this he is required as for the people, so also for himself, to offer sacrifices for sins. And no man takes this honor to himself, but he who is called by God, just as Aaron was. So also Christ did not glorify Himself to become High Priest, but it was He who said to Him: "You are My

Son, Today I have begotten You." As He also says in another place: "You are a priest forever according to the order of Melchizedek."

Alleluia (Tone 1): Remember Thy congregation which Thou hast purchased of old. Verse: God is our King before the ages, Who hath wrought salvation in the midst of the earth.

Gospel: Mark 8:34 - 9:1: The Lord said, "If any man would come after me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of his Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Hymn to the Theotokos: All of creation rejoices in you, O Full of Grace, the assembly of angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a child – our God before the ages. He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

Communion Hymn: The light of Thy countenance is signed upon us, O Lord. Alleluia. Alleluia. Alleluia. (There is no "Praise the Lord from the heavens.")

Bulletin Messages

"I thank my God in remembrance of you . . . " Please allow me to share my heartfelt love and appreciation to the clergy and faithful of Saint Nicholas on behalf of my family and I, for everything that you did to make my ordination to the Holy priesthood such a wonderful and successful day. By God's grace, and your prayers, encouragement, instruction and friendship, over the past five years, we have witnessed the fulfillment of your labor of love, and the faithfulness of God to us all.
With love, Fr. Maximus

Flowers around the cross are donated in memory of V. Rev. Dmitry Grigorieff, Walter Skuby, Anne Peregrim, Joanna Zewan, Inna Golubeva, John Javornisky, Svetlana King, John Basalyga, Valentina Finner and also in memory of the 10th anniversary of the falling asleep in the Lord of Walter Krisa. May their memories be eternal.

Easter Egg Hunt: This year our annual Easter Egg Hunt for children age 10 and younger will be held on **St. Thomas Sunday, May 4, 2008**, following each liturgy. A Volunteer is needed to help with coordinating the event on that day following the Slavonic liturgy. Please contact Daria Virvan if you would be able to help out. All supplies will be provided and the Hunt will be set up, just supervision and clean up are needed. Sponsored by Therapia Psychotherapy Services.

ALL AMERICAN COUNCIL Our Cathedral is entitled to two lay delegates and two lay alternates and a number of observers for the All American Council to be held in Pittsburgh on November 10-13. The parish will compensate for travel, lodging and per diem for the two lay delegates. No compensation will be offered for the alternates. The parish will pay for the registration fees for the lay delegates and the lay alternates. If you are interested in serving as either a delegate or an alternate, please submit your name to the candle counter by Sunday, April 6. Also, if you are not selected as a delegate, please let us know if you are willing to serve as an alternate. Please let us know if you are interested in being an observer; you will be provided with registration forms to complete and you are responsible for your expenses. The new Divine Liturgy books from St. Tikhon's (in English) are available at the gift corner and the candle counter. Cost is \$19.95. Get them while they last!

Attention Parents: First Confession Class is Planned

A class will form during Sunday School hours, which will take registered Sunday School students into a special First Confession class for four Sundays during Great Lent. Those children 7 years and older who are enrolled by their parents will receive special instruction on the Sacrament of Repentance and preparation for receiving it. Classes will meet Today, April 6, & 13. The next Saturday (April 19) is Lazarus Saturday, when we customarily have Liturgy with special participation by the children of the parish. Following Liturgy we will have our traditional Pascha Preparation Craft Day with luncheon. Clergy will be available during the afternoon to hear the children's confessions. Please see Marina or Marty McGuigan in the Sunday School to enroll.

NEW ORTHODOX STUDY BIBLE RETREAT: Fr. Peter Gillquist will lead a retreat on Saturday, April 12th, 2008, from 10:00 am to 3:30 pm. at St. Katherine Greek Orthodox Church, 3149 Glen Clarlyn Road Falls Church, VA 22041. His visit is timed to coincide with the release of the new Orthodox Study Bible which will include the Old Testament and the Apocrypha. Fr. Gillquist is one of a group of Orthodox clergy and laymen that has produced the Orthodox Study Bible. The retreat will focus on Orthodox Study Bible: how it is used in the liturgical life of the Church and how it can be used in our personal lives- with special emphasis on the Old Testament and the prophecies concerning Jesus. The new Orthodox Study Bible will be available for purchase at the retreat. Join us for this inspirational experience. Lunch and refreshments will be served. Although the retreat is free, please register to reserve a seat. To register for the retreat, please Email: John Demakis at jgd11@erols.com, Antonia Chelpon at achelpon@aol.com, or Betty Slanta at slanta@verizon.net.



Pussy Willows – Attention all Parishioners! Please remember to start collecting pussy willows for Palm Sunday services as soon as the trees break bud. Cut pussy willows may be placed on the annex porch for storage if needed.

Sixth Annual Ladies Fashion Show and Luncheon
Luncheon is sponsored by the Ladies Auxiliary of Saints Peter & Paul Orthodox Church, 10620 River Road, Potomac, MD 20854, will be held on Saturday, May 10, 2008, from 11:30 am to 2:30 pm. The cost of the luncheon and fashion show is \$40.00. Contact Mrs. Rida Boulos at 703-319-3415 or Email: frita18@aol.com, to reserve a seat! The fashions are provided by Helias of 1338 Wisconsin Avenue, NW, Washington, D.C. A portion of the proceeds will benefit a local women's shelter.

LENTEN RETREAT
"HOLY WEEK – our journey to Pascha"
Retreat Speaker:

Very Reverend Paul Lazor

John and Paraskeva Skvir Lecturer in Practical Theology

Saint Vladimir Orthodox Theological Seminary

on Saturday, 12 April 2008, 1:00 PM – 6:00 PM

Great Vespers at 6:00 PM

At Saint Andrew Orthodox Church

2028 East Lombard Street Baltimore, Maryland 21231

Registration \$5.00 begins at 12:30 PM Includes a light snack

To register: please email: James Magruder at jlmagruder@verizon.net or call church office 410-276-3422 not later than 6 April 2008